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| Girls' | Cross Country | Try-outs and practice begin July 29, 2019 at 6:30 a.m. @ Germany Park. Summer training sessions held in June and July. | Follow Summer Training Plan-available (sometime in late May) on HPISD/Athletic Websites. Must attend all practices beginning July 29th until the first day of school. Coaches will evaluate athletes in aerobic condition, hill work, and racing speed in distances from 1 - 7 miles. | Must be in athletic period Fall Semester. | August - mid November | Susan Bailey | [baileys@hpisd.org](mailto:baileys@hpisd.org) |